

| Rang | Nachname, Vorname | Ort | Verein | Jg | Klasse | Platz | MWPlatz | Zeit | StNr |
|------|--------------------------|-----|---------------------------|------|--------|-------|---------|-----------|------|
| 1 | Tammen, Marco | | SV Teutonia Stapelmoor | 1975 | M30 | 1 | 1 | 1:16:57,0 | 526 |
| 2 | Hessler, Andre | | LAV Rheine | 1977 | M30 | 2 | 2 | 1:19:53,0 | 553 |
| 3 | Schlüter, Gregor | | Spiridon Haltern | 1984 | M20 | 1 | 3 | 1:21:59,0 | 569 |
| 4 | Mersmann, Timo | | LSF Münster | 1978 | M30 | 3 | 4 | 1:22:01,0 | 563 |
| 5 | Küpker, Edu | | Concordia Emsbüren | 1970 | M35 | 1 | 5 | 1:23:48,0 | 500 |
| 6 | Prigge, Christian | | | 1971 | M35 | 2 | 6 | 1:24:16,0 | 540 |
| 7 | Baus, Guido | | Team Erdinger Alkoholfrei | 1971 | M35 | 3 | 7 | 1:25:08,0 | 518 |
| 8 | van Hove, Derk | | | 1981 | M20 | 2 | 8 | 1:25:11,0 | 554 |
| 9 | Paßlick, Bernhard | | LSF Münster | 1969 | M40 | 1 | 9 | 1:29:00,0 | 531 |
| 10 | Großkopf, Robert | | Rheine | 1956 | M50 | 1 | 10 | 1:31:03,0 | 517 |
| 11 | Riethues, Jörg | | SV Teuto Riesenbeck | 1970 | M35 | 4 | 11 | 1:31:44,0 | 556 |
| 12 | Kalpein, Andreas | | VHS im FoKus, Selm | 1963 | M45 | 1 | 12 | 1:31:57,0 | 503 |
| 13 | Winter, Günter | | LG Emsdetten | 1954 | M55 | 1 | 13 | 1:33:12,0 | 555 |
| 14 | Harter, Georg | | LT Wettringen | 1963 | M45 | 2 | 14 | 1:33:15,0 | 506 |
| 15 | Brinker, Uwe | | LC Nordhorn | 1961 | M45 | 3 | 15 | 1:33:27,0 | 546 |
| 16 | Schnebeck, Christian | | Lingen | 1972 | M35 | 5 | 16 | 1:34:20,0 | 538 |
| 17 | Frischen, Guido | | real-Läuferteam | 1971 | M35 | 6 | 17 | 1:34:29,0 | 568 |
| 18 | van Fürden, Frank | | Bielefeld | 1966 | M40 | 2 | 18 | 1:34:37,0 | 521 |
| 19 | Elfering, Frank | | Neuenkirchen | 1965 | M40 | 3 | 19 | 1:34:55,0 | 505 |
| 20 | Lake, Christian | | TV Mesum | 1970 | M35 | 7 | 20 | 1:36:20,0 | 510 |
| 21 | Holthues, Peter | | Marathon Steinfurt | 1958 | M50 | 2 | 21 | 1:36:34,0 | 551 |
| 22 | Völlmecke, Stefan | | Marathon Steinfurt | 1964 | M45 | 4 | 22 | 1:36:34,1 | 552 |
| 23 | Athmer, Gerd | | TV Mesum | 1970 | M35 | 8 | 23 | 1:36:50,0 | 514 |
| 24 | Jung, Richard | | Emsbüren | 1953 | M55 | 2 | 24 | 1:37:33,0 | 565 |
| 25 | Langkamp, Brigitte | | SUS Neuenkirchen | 1964 | W45 | 1 | 1 | 1:38:47,0 | 560 |
| 26 | Beckmann, Henning | | | 1975 | M30 | 4 | 25 | 1:39:38,0 | 547 |
| 27 | Pries, Thomas | | Marathon Steinfurt | 1960 | M45 | 5 | 26 | 1:42:17,0 | 519 |
| 28 | Osterbrink, Martin | | | 1961 | M45 | 6 | 27 | 1:46:09,0 | 541 |
| 28 | Achterkamp, Rainer | | TV Mesum | 1957 | M50 | 3 | 27 | 1:46:09,0 | 511 |
| 30 | Klasing, Jürgen | | TV Mesum | 1968 | M40 | 4 | 29 | 1:46:11,0 | 513 |
| 31 | Kleine-Frauns, Ulrich | | TV Mesum | 1965 | M40 | 5 | 30 | 1:46:12,0 | 512 |
| 32 | Biesewig, Annemarie | | Marathon Ibbenbüren | 1956 | W50 | 1 | 2 | 1:47:04,0 | 548 |
| 33 | Venker, Paul | | LG Emsdetten | 1947 | M60 | 1 | 31 | 1:47:37,0 | 525 |
| 34 | Pilgram, Thomas | | Runners Point | 1963 | M45 | 7 | 32 | 1:47:48,0 | 557 |
| 35 | Janning, Manfred | | SUS Neuenkirchen | 1958 | M50 | 4 | 33 | 1:49:37,0 | 534 |
| 36 | Kösters, Monika | | SUS Neuenkirchen | 1959 | W50 | 2 | 3 | 1:50:05,0 | 535 |
| 37 | Vogedes, Rolf | | ETuS-Rheine | 1957 | M50 | 5 | 34 | 1:51:29,0 | 542 |
| 38 | Himmel, Marc Andor | | Bayreuth | 1972 | M35 | 9 | 35 | 1:51:38,0 | 528 |
| 39 | Janning, Ruth | | SUS Neuenkirchen | 1963 | W45 | 2 | 4 | 1:51:47,0 | 533 |
| 40 | Wagner-Heidbrink, Sigrun | | SUS Neuenkirchen | 1958 | W50 | 3 | 5 | 1:52:12,0 | 532 |

| | | | | | | | | | |
|----|------------------------|--|-------------------------|------|-----|----|----|-----------|-----|
| 41 | Dingwerth, Volker | | | 1963 | M45 | 8 | 36 | 1:54:23,0 | 570 |
| 42 | Jussen, Ralf | | ETuS-Rheine | 1968 | M40 | 6 | 37 | 1:55:40,0 | 559 |
| 43 | Rother, Joachim | | SC Spelle-Venhaus | 1955 | M50 | 6 | 38 | 1:56:58,0 | 530 |
| 44 | Zollfrank, Anke | | LG Emsdetten | 1961 | W45 | 3 | 6 | 1:57:00,0 | 561 |
| 45 | Krömer, Michael | | SC Spelle-Venhaus | 1963 | M45 | 9 | 39 | 1:57:01,0 | 529 |
| 46 | Harbering, Andreas | | LG Emsdetten | 1960 | M45 | 10 | 40 | 1:57:08,0 | 562 |
| 47 | Robers, Elke | | SUS Stadtlohn | 1968 | W40 | 1 | 7 | 1:58:21,0 | 566 |
| 48 | Jussen, Beate | | ETuS-Rheine | 1974 | W35 | 1 | 8 | 1:58:24,0 | 558 |
| 49 | Gieshoidt, Tim | | Kolping Emsdetten | 1985 | M20 | 3 | 41 | 1:58:25,0 | 527 |
| 50 | Dieckmann, Günter | | LG Emsdetten | 1946 | M60 | 2 | 42 | 1:59:38,0 | 502 |
| 51 | Hufschmidt, Martin | | SG EON-Ruhrgas Essen | 1950 | M55 | 3 | 43 | 2:01:57,0 | 564 |
| 52 | Thien, Franz-Josef | | Lauffreunde Emsland | 1955 | M50 | 7 | 44 | 2:02:55,0 | 516 |
| 53 | Hüging, Doris | | SUS Neuenkirchen | 1957 | W50 | 4 | 9 | 2:02:56,0 | 536 |
| 54 | Witthake, Franz-Josef | | LT Wettringen | 1954 | M55 | 4 | 45 | 2:03:24,0 | 509 |
| 55 | Düsterberg, Robert | | Rheine | 1983 | M20 | 4 | 46 | 2:04:53,0 | 522 |
| 56 | Rehr, Sabine | | ETuS-Rheine | 1957 | W50 | 5 | 10 | 2:05:28,0 | 549 |
| 57 | Wiels, Ursula | | SV Teuto Riesenbeck | 1953 | W55 | 1 | 11 | 2:06:05,0 | 544 |
| 58 | Werthmüller, Bärbel | | Marathon Ibbenbüren | 1966 | W40 | 2 | 12 | 2:06:20,0 | 545 |
| 59 | Klockenkemper, Theodor | | ASV Metelen 1962 | 1956 | M50 | 8 | 47 | 2:08:30,0 | 524 |
| 60 | Engels, Jürgen | | LG Emsdetten | 1946 | M60 | 3 | 48 | 2:09:41,0 | 550 |
| 61 | Wessels, Olaf | | Rheine | 1982 | M20 | 5 | 49 | 2:13:10,0 | 523 |
| 62 | Bründer, Michael | | Metelen | 1974 | M35 | 10 | 50 | 2:13:18,0 | 539 |