

7. Saerbecker Frühlingslauf 2009

Hauptlauf 10 Km Gesamtliste

Platz	AK Platz	M/W	St.Nr	Name/Vorname	Verein	AK.	Bruttozeit	Nettozeit
1	1	1	1075	Nowak, Peter	TSG 07 Burg Gretesch	M 30	00:33:54	00:33:54
2	1	2	1198	Staack, Alex	Bike Team Baumberge	M 35	00:34:58	00:34:57
3	1	3	1184	Windoffer, Patrick	SV Teuto Riesenbeck	M HK	00:35:00	00:35:00
4	1	4	1183	Beetz, Michael	LSF Münster	M Jgd B	00:35:20	00:35:18
5	1	5	1216	Stenzel, Frank	TSVE 1890 Bielefeld	M 45	00:35:31	00:35:30
6	2	6	1035	Günnigmann, Stefan	SC Falke Saerbeck	M HK	00:35:55	00:35:54
7	2	7	1057	Küpker, Edu	Conc.Emsbüren	M 35	00:36:30	00:36:29
8	2	8	1163	Maschmeyer, Sebastian	Scherringhausen	M 30	00:36:38	00:36:37
9	1	9	1095	Schürmann, Daniel	LG Rheine-Elte	M Jgd A	00:36:45	00:36:44
10	3	10	1040	Hoffmann, Patrick	Wasser + Freizeit Münster	M HK	00:36:57	00:36:56
11	1	1	1185	Straeten, Frederike	LG Ratio Münster	W Jgd B	00:37:31	00:37:30
12	1	11	1033	Grabowsky, Klaus	SC Spelle-Venhaus	M 55	00:37:43	00:37:42
13	1	12	1212	Gößling, Andreas	SV Teuto Riesenbeck	M 40	00:37:48	00:37:45
14	4	13	1099	Sterthaus, Jens	TV Mesum	M HK	00:37:48	00:37:46
15	2	14	1071	Mergelmeyer, Martin	SC Melle 03	M 40	00:37:49	00:37:46
16	2	15	1006	Borgmann, Andreas	LG Emsdetten	M 45	00:37:50	00:37:48
17	3	16	1204	Leißing, Andreas	LSF Münster	M 45	00:37:50	00:37:49
18	4	17	1087	Rösner, Volker	TV Werne 03	M 45	00:37:52	00:37:51
19	3	18	1223	Wille, Thomas	LG Emsdetten	M 40	00:37:53	00:37:51
20	2	2	1210	Stoecker, Nina	LG Ratio Münster	W Jgd B	00:37:54	00:37:53
21	3	19	1016	Chriske, Elmar	TSG 07 Burg Gretesch	M 30	00:38:00	00:37:59
22	4	20	1228	Tippey, Mark	Rheine	M 40	00:38:17	00:38:17
23	2	21	1047	Kaczynski, Patrick	Hopsten	M Jgd A	00:38:31	00:38:31
24	5	22	1104	Thröner, Benedikt	LG Emsdetten	M HK	00:38:32	00:38:29
25	5	23	1098	Siekmeyer, Uwe	TRI Team TUS Engter	M 45	00:38:39	00:38:37
26	5	24	1110	von Palombini, Jobst	VfL Bückeburg	M 40	00:38:42	00:38:41
27	6	25	1161	Kanne, Martin	LSF Münster	M 40	00:39:26	00:39:25
28	2	26	1064	Lepper, Maik	TV Lengerich	M Jgd B	00:39:32	00:39:28
29	6	27	1222	Scheib, Florian	Triathlon Team TVE Netphen	M HK	00:39:35	00:39:33
30	6	28	1017	Clausing, Andreas	LSF Münster	M 45	00:39:40	00:39:38
31	7	29	1197	Elstrodt, Dieter	TV Mettingen	M 45	00:39:44	00:39:40
32	7	30	1117	Wiesenmüller, Jens	TV Georgsmarienhütte	M 40	00:39:54	00:39:54
33	1	3	1046	John, Stefanie	LG Ems Warendorf	W Jgd A	00:40:04	00:40:01
34	8	31	1063	Lehmkuhle, Frank	BSV Ostbevern	M 40	00:40:18	00:40:17
35	7	32	1009	Brix, Christian	TV Hohne	M HK	00:40:30	00:40:25
36	3	4	1058	Lagemann, Doreen	LG Emsdetten	W Jgd B	00:40:54	00:40:52
37	8	33	1187	Schlesinger, Reiner	SV Teuto Riesenbeck	M 45	00:40:54	00:40:51
38	1	34	1192	Thünemann, Günther	LG Emsdetten	M 50	00:40:55	00:40:54
39	9	35	1056	Kolkmeier, Martin	SOLO	M 45	00:40:57	00:40:53
40	10	36	1236	Ahring, Udo	Landstreicher	M 45	00:41:01	00:40:57
41	9	37	1066	Löhr, Carsten	TV Lengerich	M 40	00:41:02	00:40:59
42	11	38	1214	Ahlers, Michael	BSG Westfalen AG	M 45	00:41:04	00:41:01
43	12	39	1065	Lepper, Udo	TV Lengerich	M 45	00:41:09	00:41:06
44	3	40	1218	Hohm, Thomas	SuS 09 Neuenkirchen	M 35	00:41:31	00:41:29
45	4	41	1032	Görlich, Reiner	TV Hohne	M 35	00:41:35	00:41:32
46	5	42	1208	Nobbe, Markus	TVE Greven	M 35	00:41:43	00:41:41
47	13	43	1085	Rogge, Uwe	TV Lengerich	M 45	00:41:43	00:41:40
48	1	5	1024	Esselmann, Jela	Live Lauftreff Versmold	W 30	00:41:44	00:41:39
49	3	44	1114	Widera, Sascha	TV Hohne	M Jgd B	00:41:57	00:41:52

Platz	AK Platz	M/W	St.Nr	Name/Vorname	Verein	AK.	Bruttozeit	Nettozeit
50	4	45	1028	Franke, Frank	TV Hohne	M 30	00:42:10	00:42:08
51	14	46	1039	Häusler, Ralf	LiVe Lauftreff Versmold	M 45	00:42:14	00:42:10
52	10	47	1237	Peyker, Joachim	Tri Finish Münster	M 40	00:42:18	00:42:15
53	11	48	1209	Hauertmann, Achim	LSF Münster	M 40	00:42:18	00:42:13
54	1	6	1213	Lanwer, Rita	LSF Münster	W 50	00:42:32	00:42:30
55	4	49	1170	Grimm, Lukas	Münster	M Jgd B	00:43:09	00:43:04
56	1	7	1025	Feyerabend, Maria	LSF Münster	W 55	00:43:12	00:43:11
57	15	50	1235	Lau, Stephan	Hemer-Deilinghofen	M 45	00:43:27	00:43:23
58	16	51	1008	Braun, Martin	ohne	M 45	00:43:32	00:43:30
59	8	52	1176	Schrameyer, Kai	Ibbenbüren	M HK	00:43:37	00:43:33
60	2	8	1173	Schmiemann, Saskia	SV Teuto Riesenbeck	W Jgd A	00:43:38	00:43:37
61	6	53	1051	Kaup, Holger	SC Altenrheine	M 35	00:43:53	00:43:46
62	7	54	1226	Komischke, Michael	Run4Fun Greven	M 35	00:44:13	00:44:06
63	1	55	1199	Dufils, Gerd	Marathon Ibbenbüren	M 60	00:44:29	00:44:25
64	8	56	1238	Zink, Guido	Run 4 fun-Greven e. V.	M 35	00:44:31	00:44:26
65	12	57	1029	Gallinat, Ulrich	Marathon Ibbenbüren	M 40	00:44:37	00:44:33
66	2	58	1007	Borgmann, Erich	Marathon Steinfurt	M 50	00:44:56	00:44:53
67	9	59	1215	Mietme, Ralf	TV Mesum	M 35	00:45:00	00:44:53
68	2	9	1079	Queren, Stefanie	TUS Engter	W 30	00:45:02	00:44:59
69	3	60	1053	Kleiner, Axel	LG Emsdetten	M 50	00:45:09	00:45:07
70	2	61	1041	Hoveling, Tiger	LSF Münster	M 60	00:45:13	00:45:11
71	4	62	1108	Vehr, Rainer	LG Rheine-Elte	M 50	00:45:26	00:45:18
72	5	63	1195	Laig, Uwe	TV Hohne	M 50	00:45:42	00:45:33
73	10	64	1239	Floer, Stefan	Run 4 Fun-Greven	M 35	00:45:46	00:45:41
74	1	65	1120	Winter, Heinz	TV Georgsmarienhütte	M 70	00:45:48	00:45:44
75	1	66	1001	Aschenbrenner, Erich	TV Meppen	M 65	00:45:53	00:45:49
76	9	67	1150	Winter, Alexander	SC Falke Saerbeck	M HK	00:46:14	00:46:11
77	3	68	1154	Luckmann, Reinhart	Münster	M 60	00:46:17	00:46:12
78	10	69	1030	Gergert, Denis	kein	M HK	00:46:27	00:46:23
79	11	70	1162	Gehl, Thomas	Hund,Spaß,Sport Ostbevern	M 35	00:46:30	00:46:24
80	13	71	1219	Hollermann, Thomas	LG Emsdetten	M 40	00:46:30	00:46:24
81	14	72	1094	Schröder, Rainer	TV Mettingen	M 40	00:46:31	00:46:17
82	6	73	1112	Wegener, Marcus	WSU Tri Team	M 50	00:46:34	00:46:29
83	17	74	1096	Schwerbrock, Dirk	Greven	M 45	00:46:43	00:46:38
84	5	75	1225	Nefe, Thomas	Lünne	M 30	00:47:10	00:47:01
85	18	76	1202	Kock, Kai-Uwe	LSF Münster	M 45	00:47:18	00:47:14
86	15	77	1113	Weiß, Wilfried	Marathon Steinfurt	M 40	00:47:22	00:47:16
87	16	78	1179	Brunsmann, Dirk	Münster	M 40	00:47:25	00:47:16
88	11	79	1115	Wiedenhues, Axel	LSF Münster	M HK	00:47:54	00:47:46
89	12	80	1224	Schmöckel, Ulrich	Run 4 Fun Greven	M 35	00:48:08	00:47:59
90	13	81	1220	Austrup, Hendrik	LG Emsdetten	M 35	00:48:11	00:48:08
91	19	82	1217	Schwering, Reinhard	LG Emsdetten	M 45	00:48:11	00:48:08
92	12	83	1233	Lemli, Christian		M HK	00:48:11	00:48:06
93	2	84	1116	Wiedenhues, Rolf	LSF Münster	M 55	00:48:21	00:48:13
94	1	10	1229	Kloppenborg, Petra	LG Emsdetten	W 45	00:48:22	00:48:20
95	1	11	1230	Felchner, Marion	LG Emsdetten	W 40	00:48:22	00:48:20
96	14	85	1002	Bartsch, Matthias	LG Emsdetten	M 35	00:48:25	00:48:22
97	17	86	1181	Waterkamp, Andreas	TUS Altenberge	M 40	00:48:25	00:48:17
98	6	87	1091	Schmedt, Christian	HoplaHopsten	M 30	00:48:33	00:48:16
99	3	88	1157	Lutkemeyer, Konrad	TV Mesum	M 55	00:48:42	00:48:34
100	20	89	1193	Breckweg, Bernward	Marathon Ibbenbüren	M 45	00:48:51	00:48:39
101	13	90	1175	Remme, Stefan	Ibbenbüren	M HK	00:49:06	00:49:01

Platz	AK Platz	M/W	St.Nr	Name/Vorname	Verein	AK.	Bruttozeit	Nettozeit
102	21	91	1100	streibel, stefan	team erdinger alkoholfrei	M 45	00:49:09	00:48:58
103	2	12	1048	Kamp, Parvin	LSF Münster	W 55	00:49:30	00:49:25
104	14	92	1166	Hebben, Marc	Münster	M HK	00:49:37	00:49:31
105	1	13	1011	Brix, Verena	TV Hohne	W HK	00:49:42	00:49:35
106	7	93	1221	Gerling, Hendrik	BSG Westfalen AG	M 30	00:49:46	00:49:39
107	1	14	1126	Zierow, Anita	Lengerich	W 35	00:50:00	00:49:51
108	2	15	1168	Meyer, Petra	Marathon Ibbenbüren	W 45	00:50:22	00:50:13
109	7	94	1189	Hanemann, Siegfried	Marathon Ibbenbüren	M 50	00:50:23	00:50:14
110	2	95	1078	Prigge, Hans-Jürgen	Marathon Ibbenbüren	M 65	00:50:29	00:50:20
111	3	16	1031	Gericks, Andrea	Vreden	W 45	00:50:49	00:50:37
112	8	96	1153	Pokar, Björn	TV G.M. Hütte	M 50	00:50:52	00:50:44
113	4	97	1206	Upmann, Rudi	LG Rheine Elte	M 55	00:50:57	00:50:35
114	5	98	1158	Weßlowski, Karl-Heinz	Hilte	M 55	00:50:57	00:50:44
115	22	99	1234	Hagedorn, Norbert	BSG Sparkasse Osnabrück	M 45	00:50:58	00:50:48
116	2	17	1203	König, Ute	LSF Münster	W 40	00:51:00	00:50:56
117	15	100	1186	Cymann, Sacha	TV Hohne	M 35	00:51:10	00:50:56
118	23	101	1200	Pruhs, Dieter	Grün Weiß Steinbeck	M 45	00:51:25	00:51:18
119	2	102	1196	Maaske, Kurt		M 70	00:51:26	00:51:18
120	18	103	1042	Hübner, Boris	Hübi-GTI	M 40	00:51:27	00:51:20
121	4	18	1107	Vehr, Brigitte	LG Rheine-Elte	W 45	00:51:48	00:51:40
122	8	104	1169	Kingal, Timo	Münster	M 30	00:51:57	00:51:51
123	24	105	1082	Reef, Johannes	TB Burgsteinfurt	M 45	00:52:36	00:52:24
124	9	106	1088	Rother, Joachim	SC Spelle-Venhaus	M 50	00:52:37	00:52:24
125	25	107	1188	Bröker, Hermann	LG Emsdetten	M 45	00:52:40	00:52:30
126	4	19	1012	Bröker, Jule	LG Emsdetten	W Jgd B	00:52:40	00:52:28
127	5	20	1061	Lanvers, Liska	LG Emsdetten	W Jgd B	00:52:54	00:52:43
128	19	108	1060	Lanvers, Jürgen	LG Emsdetten	M 40	00:52:54	00:52:44
129	20	109	1155	Hädrich, Rolf	TV Mettingen	M 40	00:53:05	00:52:51
130	2	21	1156	Hädrich, Melanie	TV Mettingen	W 35	00:53:05	00:52:52
131	6	22	1072	Möllers, Verena	LG Emsdetten	W Jgd B	00:53:19	00:53:08
132	7	23	1019	Dieckmann, Pia	LG Emsdetten	W Jgd B	00:53:20	00:53:09
133	26	110	1034	Grimme, Harald	LG Emsdetten	M 45	00:53:21	00:53:11
134	21	111	1191	Lunemann, Rainer	Marathon Ibbenbüren	M 40	00:53:22	00:53:07
135	2	24	1180	Löchte, Christel	LSF Münster	W 50	00:53:35	00:53:30
136	5	25	1097	Seiling, Sigrid	LG Emsdetten	W 45	00:53:42	00:53:35
137	15	112	1177	Thering, Michael	Active Runners	M HK	00:54:04	00:53:55
138	6	26	1004	Beike, Martina	LG Emsdetten	W 45	00:54:05	00:53:58
139	3	113	1182	Ortmeier, Günter	LG Emsdetten	M 65	00:54:06	00:54:00
140	3	114	1074	Nohe, Werner	SuS 09 Neuenkirchen	M 70	00:54:08	00:53:58
141	10	115	1014	Buczilowski, Eckhard	TV Hohne	M 50	00:54:15	00:54:06
142	27	116	1013	Brüseke, Frank	TV Hohne	M 45	00:54:20	00:54:11
143	4	117	1052	Kingal, Rolf	SC Spelle-Venhaus	M 60	00:54:36	00:54:30
144	3	27	1027	Flosdorf, Betty	SC Spelle-Venhaus	W 40	00:54:36	00:54:30
145	11	118	1018	Conrad, Reimund	SV Bad Laer	M 50	00:54:38	00:54:25
146	28	119	1227	Münstermann, Albert	DJK RW Alverskichen	M 45	00:54:42	00:54:27
147	4	120	1241	Dewitz, Klaus		M 70	00:54:42	00:54:17
148	3	28	1069	Lutterbeck, Gudrun	TV Hohne	W 50	00:54:45	00:54:38
149	3	29	1062	Laumann, Claudia	Falke Saerbeck	W 35	00:55:15	00:54:59
150	7	30	1015	Chriske, Birgit	TSG 07 Burg Gretesch	W 45	00:55:51	00:55:38
151	3	31	1043	Hüsemann, Sabine	TSG 07 Burg Gretesch	W 30	00:55:51	00:55:38
152	29	121	1232	Schulze, Dirk		M 45	00:56:28	00:56:16
153	4	32	1231	Jäschke, Martina		W 40	00:56:29	00:56:17

Platz	AK Platz	M/W	St.Nr	Name/Vorname	Verein	AK.	Bruttozeit	Nettozeit
154	4	33	1010	Brix, Petra	TV Hohne	W 50	00:56:58	00:56:50
155	5	122	1021	Elting, Johannes	LG Emsdetten	M Jgd B	00:57:11	00:57:01
156	22	123	1211	Werthmoeller, Bärbel	Marathon Ibbenbüren	M 40	00:57:23	00:57:10
157	8	34	1055	Kloppenborg, Muriel	LG Emsdetten	W Jgd B	00:57:24	00:57:09
158	9	35	1124	Wissing, Elena	LG Emsdetten	W Jgd B	00:57:24	00:57:08
159	5	36	1125	Wissing, Heike	LG Emsdetten	W 40	00:57:31	00:57:16
160	10	37	1092	Schölling, Elena	LG Emsdetten	W Jgd B	00:57:34	00:57:18
161	11	38	1090	Schlautmann, Theresa	LG Emsdetten	W Jgd B	00:57:35	00:57:23
162	12	39	1081	Raßing, Lea	LG Emsdetten	W Jgd B	00:57:35	00:57:24
163	6	40	1026	Fischer, Michaela	LG-Rheine-Elte	W 40	00:57:37	00:57:20
164	7	41	1160	Löchte, Susanne	LG Elte	W 40	00:57:43	00:57:25
165	4	42	1178	Merschmeier, Tanja		W 35	00:57:45	00:57:30
166	5	124	1205	Hörmann, Manfred	LSF Münster	M 70	00:57:56	00:57:50
167	8	43	1077	Ponick, Susanne	Greven	W 40	00:58:01	00:57:55
168	9	44	1122	Wissing, Anja	LG Emsdetten	W 40	00:58:05	00:57:49
169	10	45	1165	Herbrink, Anne	Marathon Ibbenbüren	W 40	00:58:13	00:58:02
170	11	46	1103	Thiemann-Muzic, Iris	Emsdetten	W 40	00:58:21	00:58:10
171	12	47	1194	Breckweg, Birgit	Marathon Ibbenbüren	W 40	00:58:23	00:58:11
172	5	48	1086	Roreger, Doris	LG Rheine-Elte	W 35	00:58:23	00:58:06
173	4	125	1003	Beck, Werner	LAV Rheine	M 65	00:58:25	00:58:10
174	5	49	1020	Eling-Völlmecke, Edith	Marathon Steinfurt	W 50	00:58:40	00:58:25
175	30	126	1109	Völlmecke, Stefan	Marathon Steinfurt	M 45	00:58:41	00:58:27
176	23	127	1118	Wilde, Jürgen	Rheine	M 40	00:58:52	00:58:46
177	13	50	1123	Wissing, Charlotte	LG Emsdetten	W Jgd B	00:59:07	00:58:51
178	6	128	1119	Wilp, Edmund	LG Emsdetten	M 55	00:59:07	00:58:51
179	8	51	1083	Reef, Katrin	TB Burgsteinfurt	W 45	00:59:15	00:59:03
180	16	129	1174	Roos, Philipp	SC Saerbeck	M HK	01:00:07	00:59:53
181	6	130	1159	Rauß, Werner	TV Mesum	M 70	01:00:07	00:59:54
182	9	52	1167	Attermeier, Brigitte	Marathon Ibbenbüren	W 45	01:00:51	01:00:40
183	10	53	1190	Elfring, Beate	Marathon Ibbenbüren	W 45	01:00:52	01:00:41
184	12	131	1164	Lemke, Manfred	HSS Ostbevern	M 50	01:01:11	01:01:04
185	6	54	1036	Haarkötter, Monika	SC Spelle-Venhaus	W 50	01:03:16	01:03:07
186	5	132	1121	Wirth, Karl	LG Emsdetten	M 60	01:03:33	01:03:25
187	4	55	1049	Kathrin, Magnus	LG Emsdetten	W 30	01:03:33	01:03:25
188	13	56	1045	Jaspert, Petra	Saerbeck	W 40	01:03:44	01:03:27
189	7	133	1093	schomaker, ludwig	LG Emsdetten	M 55	01:03:49	01:03:33
190	14	57	1044	Jäckel, Jutta	Münster	W 40	01:04:04	01:03:51
191	15	58	1084	Reetz, Mechthild	Münster	W 40	01:04:23	01:04:11
192	6	59	1111	Vos, Alexandra	Rheine	W 35	01:06:02	01:05:50
193	3	60	1101	Sumic, Christina	TV Hohne	W Jgd A	01:07:13	01:07:03
194	13	134	1207	Brix, Michael	TV Hohne	M 50	01:07:14	01:07:04
195	7	61	1172	Bergmann, Stephanie	Münster	W 35	01:08:01	01:07:47
196	5	62	1171	Bergmann, Anja		W 30	01:11:45	01:11:31
197	1	135	1054	Klievering, Walter	LG Fichtenvenn Rheine	M 75	01:14:03	01:13:52