

7. Saerbecker Frühlingslauf 2009

Hauptlauf 10 Km

Altersklassenliste

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
M 30							
1	1075	Nowak, Peter	TSG 07 Burg Gretesch	00:33:54	00:33:54	1	1
2	1163	Maschmeyer, Sebastian	Scherringhausen	00:36:38	00:36:37	8	8
3	1016	Chriske, Elmar	TSG 07 Burg Gretesch	00:38:00	00:37:59	21	19
4	1028	Franke, Frank	TV Hohne	00:42:10	00:42:08	50	45
5	1225	Nefe, Thomas	Lünne	00:47:10	00:47:01	84	75
6	1091	Schmedt, Christian	HoplaHopsten	00:48:33	00:48:16	98	87
7	1221	Gerling, Hendrik	BSG Westfalen AG	00:49:46	00:49:39	106	93
8	1169	Kingal, Timo	Münster	00:51:57	00:51:51	122	104
M 35							
1	1198	Staack, Alex	Bike Team Baumberge	00:34:58	00:34:57	2	2
2	1057	Küpker, Edu	Conc.Emsbüren	00:36:30	00:36:29	7	7
3	1218	Hohm, Thomas	SuS 09 Neuenkirchen	00:41:31	00:41:29	44	40
4	1032	Görllich, Reiner	TV Hohne	00:41:35	00:41:32	45	41
5	1208	Nobbe, Markus	TVE Greven	00:41:43	00:41:41	46	42
6	1051	Kaup, Holger	SC Altenrheine	00:43:53	00:43:46	61	53
7	1226	Komischke, Michael	Run4Fun Greven	00:44:13	00:44:06	62	54
8	1238	Zink, Guido	Run 4 fun-Greven e. V.	00:44:31	00:44:26	64	56
9	1215	Mietme, Ralf	TV Mesum	00:45:00	00:44:53	67	59
10	1239	Floer, Stefan	Run 4 Fun-Greven	00:45:46	00:45:41	73	64
11	1162	Gehl, Thomas	Hund,Spass,Sport Ostbevern	00:46:30	00:46:24	79	70
12	1224	Schmöckel, Ulrich	Run 4 Fun Greven	00:48:08	00:47:59	89	80
13	1220	Austrup, Hendrik	LG Emsdetten	00:48:11	00:48:08	90	81
14	1002	Bartsch, Matthias	LG Emsdetten	00:48:25	00:48:22	96	85
15	1186	Cymann, Sacha	TV Hohne	00:51:10	00:50:56	117	100
M 40							
1	1212	Göbbling, Andreas	SV Teuto Riesenbeck	00:37:48	00:37:45	13	12
2	1071	Mergelmeyer, Martin	SC Melle 03	00:37:49	00:37:46	15	14
3	1223	Wille, Thomas	LG Emsdetten	00:37:53	00:37:51	19	18
4	1228	Tippey, Mark	Rheine	00:38:17	00:38:17	22	20
5	1110	von Palombini, Jobst	VfL Bückeberg	00:38:42	00:38:41	26	24
6	1161	Kanne, Martin	LSF Münster	00:39:26	00:39:25	27	25
7	1117	Wiesenmüller, Jens	TV Georgsmarienhütte	00:39:54	00:39:54	32	30
8	1063	Lehmkuhle, Frank	BSV Ostbevern	00:40:18	00:40:17	34	31
9	1066	Löhr, Carsten	TV Lengerich	00:41:02	00:40:59	41	37
10	1237	Peyker, Joachim	Tri Finish Münster	00:42:18	00:42:15	52	47
11	1209	Hauertmann, Achim	LSF Münster	00:42:18	00:42:13	53	48
12	1029	Gallinat, Ulrich	Marathon Ibbenbüren	00:44:37	00:44:33	65	57
13	1219	Hollermann, Thomas	LG Emsdetten	00:46:30	00:46:24	80	71
14	1094	Schröer, Rainer	TV Mettingen	00:46:31	00:46:17	81	72
15	1113	Weiß, Wilfried	Marathon Steinfurt	00:47:22	00:47:16	86	77

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
16	1179	Brunsmann, Dirk	Münster	00:47:25	00:47:16	87	78
17	1181	Waterkamp, Andreas	TUS Altenberge	00:48:25	00:48:17	97	86
18	1042	Hübner, Boris	Hübi-GTI	00:51:27	00:51:20	120	103
19	1060	Lanvers, Jürgen	LG Emsdetten	00:52:54	00:52:44	128	108
20	1155	Hädlich, Rolf	TV Mettingen	00:53:05	00:52:51	129	109
21	1191	Lunemann, Rainer	Marathon Ibbenbüren	00:53:22	00:53:07	134	111
22	1211	Werthmoeller, Bärbel	Marathon Ibbenbüren	00:57:23	00:57:10	156	123
23	1118	Wilde, Jürgen	Rheine	00:58:52	00:58:46	176	127
M 45							
1	1216	Stenzel, Frank	TSVE 1890 Bielefeld	00:35:31	00:35:30	5	5
2	1006	Borgmann, Andreas	LG Emsdetten	00:37:50	00:37:48	16	15
3	1204	Leißing, Andreas	LSF Münster	00:37:50	00:37:49	17	16
4	1087	Rösner, Volker	TV Werne 03	00:37:52	00:37:51	18	17
5	1098	Siekmeier, Uwe	TRI Team TUS Engter	00:38:39	00:38:37	25	23
6	1017	Clausing, Andreas	LSF Münster	00:39:40	00:39:38	30	28
7	1197	Elstrodt, Dieter	TV Mettingen	00:39:44	00:39:40	31	29
8	1187	Schlesinger, Reiner	SV Teuto Riesenbeck	00:40:54	00:40:51	37	33
9	1056	Kolkmeier, Martin	SOLO	00:40:57	00:40:53	39	35
10	1236	Ahring, Udo	Landstreicher	00:41:01	00:40:57	40	36
11	1214	Ahlers, Michael	BSG Westfalen AG	00:41:04	00:41:01	42	38
12	1065	Lepper, Udo	TV Lengerich	00:41:09	00:41:06	43	39
13	1085	Rogge, Uwe	TV Lengerich	00:41:43	00:41:40	47	43
14	1039	Häusler, Ralf	LiVe Laufftreff Versmold	00:42:14	00:42:10	51	46
15	1235	Lau, Stephan	Hemer-Deilinghofen	00:43:27	00:43:23	57	50
16	1008	Braun, Martin	ohne	00:43:32	00:43:30	58	51
17	1096	Schwerbrock, Dirk	Greven	00:46:43	00:46:38	83	74
18	1202	Kock, Kai-Uwe	LSF Münster	00:47:18	00:47:14	85	76
19	1217	Schwering, Reinhard	LG Emsdetten	00:48:11	00:48:08	91	82
20	1193	Breckweg, Bernward	Marathon Ibbenbüren	00:48:51	00:48:39	100	89
21	1100	streibel, stefan	team erdinger alkoholfrei	00:49:09	00:48:58	102	91
22	1234	Hagedorn, Norbert	BSG Sparkasse Osnabrück	00:50:58	00:50:48	115	99
23	1200	Pruhs, Dieter	Grün Weiß Steinbeck	00:51:25	00:51:18	118	101
24	1082	Reef, Johannes	TB Burgsteinfurt	00:52:36	00:52:24	123	105
25	1188	Bröker, Hermann	LG Emsdetten	00:52:40	00:52:30	125	107
26	1034	Grimme, Harald	LG Emsdetten	00:53:21	00:53:11	133	110
27	1013	Brüseke, Frank	TV Hohne	00:54:20	00:54:11	142	116
28	1227	Münstermann, Albert	DJK RW Alverskichen	00:54:42	00:54:27	146	119
29	1232	Schulze, Dirk		00:56:28	00:56:16	152	121
30	1109	Völlmecke, Stefan	Marathon Steinfurt	00:58:41	00:58:27	175	126
M 50							
1	1192	Thünemann, Günther	LG Emsdetten	00:40:55	00:40:54	38	34
2	1007	Borgmann, Erich	Marathon Steinfurt	00:44:56	00:44:53	66	58
3	1053	Kleiner, Axel	LG Emsdetten	00:45:09	00:45:07	69	60
4	1108	Vehr, Rainer	LG Rheine-Elte	00:45:26	00:45:18	71	62

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
5	1195	Laig, Uwe	TV Hohne	00:45:42	00:45:33	72	63
6	1112	Wegener, Marcus	WSU Tri Team	00:46:34	00:46:29	82	73
7	1189	Hanemann, Siegfried	Marathon Ibbenbüren	00:50:23	00:50:14	109	94
8	1153	Pokar, Björn	TV G.M. Hütte	00:50:52	00:50:44	112	96
9	1088	Rother, Joachim	SC Spelle-Venhaus	00:52:37	00:52:24	124	106
10	1014	Buczilowski, Eckhard	TV Hohne	00:54:15	00:54:06	141	115
11	1018	Conrad, Reimund	SV Bad Laer	00:54:38	00:54:25	145	118
12	1164	Lemke, Manfred	HSS Ostbevern	01:01:11	01:01:04	184	131
13	1207	Brix, Michael	TV Hohne	01:07:14	01:07:04	194	134
M 55							
1	1033	Grabowsky, Klaus	SC Spelle-Venhaus	00:37:43	00:37:42	12	11
2	1116	Wiedenhues, Rolf	LSF Münster	00:48:21	00:48:13	93	84
3	1157	Lutkemeyer, Konrad	TV Mesum	00:48:42	00:48:34	99	88
4	1206	Upmann, Rudi	LG Rheine Elte	00:50:57	00:50:35	113	97
5	1158	Weßlowski, Karl-Heinz	Hilter	00:50:57	00:50:44	114	98
6	1119	Wilp, Edmund	LG Emsdetten	00:59:07	00:58:51	178	128
7	1093	schomaker, ludwig	LG Emsdetten	01:03:49	01:03:33	189	133
M 60							
1	1199	Dufils, Gerd	Marathon Ibbenbüren	00:44:29	00:44:25	63	55
2	1041	Hoveling, Tiger	LSF Münster	00:45:13	00:45:11	70	61
3	1154	Luckmann, Reinhart	Münster	00:46:17	00:46:12	77	68
4	1052	Kingal, Rolf	SC Spelle-Venhaus	00:54:36	00:54:30	143	117
5	1121	Wirth, Karl	LG Emsdetten	01:03:33	01:03:25	186	132
M 65							
1	1001	Aschenbrenner, Erich	TV Meppen	00:45:53	00:45:49	75	66
2	1078	Prigge, Hans-Jürgen	Marathon Ibbenbüren	00:50:29	00:50:20	110	95
3	1182	Ortmeier, Günter	LG Emsdetten	00:54:06	00:54:00	139	113
4	1003	Beck, Werner	LAV Rheine	00:58:25	00:58:10	173	125
M 70							
1	1120	Winter, Heinz	TV Georgsmarienhütte	00:45:48	00:45:44	74	65
2	1196	Maaske, Kurt		00:51:26	00:51:18	119	102
3	1074	Nohe, Werner	SuS 09 Neuenkirchen	00:54:08	00:53:58	140	114
4	1241	Dewitz, Klaus		00:54:42	00:54:17	147	120
5	1205	Hörmann, Manfred	LSF Münster	00:57:56	00:57:50	166	124
6	1159	Rauß, Werner	TV Mesum	01:00:07	00:59:54	181	130
M 75							
1	1054	Klievering, Walter	LG Fichtenvenn Rheine	01:14:03	01:13:52	197	135
M HK							
1	1184	Windoffer, Patrick	SV Teuto Riesenbeck	00:35:00	00:35:00	3	3
2	1035	Günnigmann, Stefan	SC Falke Saerbeck	00:35:55	00:35:54	6	6
3	1040	Hoffmann, Patrick	Wasser + Freizeit Münster	00:36:57	00:36:56	10	10
4	1099	Sterthaus, Jens	TV Mesum	00:37:48	00:37:46	14	13
5	1104	Thröner, Benedikt	LG Emsdetten	00:38:32	00:38:29	24	22
6	1222	Scheib, Florian	Triathlon Team TVE Netphen	00:39:35	00:39:33	29	27

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
7	1009	Brix, Christian	TV Hohne	00:40:30	00:40:25	35	32
8	1176	Schrameyer, Kai	Ibbenbüren	00:43:37	00:43:33	59	52
9	1150	Winter, Alexander	SC Falke Saerbeck	00:46:14	00:46:11	76	67
10	1030	Gergert, Denis	kein	00:46:27	00:46:23	78	69
11	1115	Wiedenhues, Axel	LSF Münster	00:47:54	00:47:46	88	79
12	1233	Lemli, Christian		00:48:11	00:48:06	92	83
13	1175	Remme, Stefan	Ibbenbüren	00:49:06	00:49:01	101	90
14	1166	Hebben, Marc	Münster	00:49:37	00:49:31	104	92
15	1177	Thering, Michael	Active Runners	00:54:04	00:53:55	137	112
16	1174	Roos, Philipp	SC Saerbeck	01:00:07	00:59:53	180	129
M Jgd A							
1	1095	Schürmann, Daniel	LG Rheine-Elte	00:36:45	00:36:44	9	9
2	1047	Kaczynski, Patrick	Hopsten	00:38:31	00:38:31	23	21
M Jgd B							
1	1183	Beetz, Michael	LSF Münster	00:35:20	00:35:18	4	4
2	1064	Lepper, Maik	TV Lengerich	00:39:32	00:39:28	28	26
3	1114	Widera, Sascha	TV Hohne	00:41:57	00:41:52	49	44
4	1170	Grimm, Lukas	Münster	00:43:09	00:43:04	55	49
5	1021	Elting, Johannes	LG Emsdetten	00:57:11	00:57:01	155	122
W 30							
1	1024	Esselmann, Jela	Live Lauftreff Versmold	00:41:44	00:41:39	48	5
2	1079	Queren, Stefanie	TUS Engter	00:45:02	00:44:59	68	9
3	1043	Hüsemann, Sabine	TSG 07 Burg Gretesch	00:55:51	00:55:38	151	31
4	1049	Kathrin, Magnus	LG Emsdetten	01:03:33	01:03:25	187	55
5	1171	Bergmann, Anja		01:11:45	01:11:31	196	62
W 35							
1	1126	Zierow, Anita	Lengerich	00:50:00	00:49:51	107	14
2	1156	Hädrich, Melanie	TV Mettingen	00:53:05	00:52:52	130	21
3	1062	Laumann, Claudia	Falke Saerbeck	00:55:15	00:54:59	149	29
4	1178	Merschmeier, Tanja		00:57:45	00:57:30	165	42
5	1086	Roreger, Doris	LG Rheine-Elte	00:58:23	00:58:06	172	48
6	1111	Vos, Alexandra	Rheine	01:06:02	01:05:50	192	59
7	1172	Bergmann, Stephanie	Münster	01:08:01	01:07:47	195	61
W 40							
1	1230	Felchner, Marion	LG Emsdetten	00:48:22	00:48:20	95	11
2	1203	König, Ute	LSF Münster	00:51:00	00:50:56	116	17
3	1027	Flosdorf, Betty	SC Spelle-Venhaus	00:54:36	00:54:30	144	27
4	1231	Jäschke, Martina		00:56:29	00:56:17	153	32
5	1125	Wissing, Heike	LG Emsdetten	00:57:31	00:57:16	159	36
6	1026	Fischer, Michaela	LG-Rheine-Elte	00:57:37	00:57:20	163	40
7	1160	Löchte, Susanne	LG Elte	00:57:43	00:57:25	164	41
8	1077	Ponick, Susanne	Greven	00:58:01	00:57:55	167	43
9	1122	Wissing, Anja	LG Emsdetten	00:58:05	00:57:49	168	44
10	1165	Herbrink, Anne	Marathon Ibbenbüren	00:58:13	00:58:02	169	45

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
11	1103	Thiemann-Muzic, Iris	Emsdetten	00:58:21	00:58:10	170	46
12	1194	Breckweg, Birgit	Marathon Ibbenbüren	00:58:23	00:58:11	171	47
13	1045	Jaspert, Petra	Saerbeck	01:03:44	01:03:27	188	56
14	1044	Jäckel, Jutta	Münster	01:04:04	01:03:51	190	57
15	1084	Reetz, Mechthild	Münster	01:04:23	01:04:11	191	58
W 45							
1	1229	Kloppenborg, Petra	LG Emsdetten	00:48:22	00:48:20	94	10
2	1168	Meyer, Petra	Marathon Ibbenbüren	00:50:22	00:50:13	108	15
3	1031	Gericks, Andrea	Vreden	00:50:49	00:50:37	111	16
4	1107	Vehr, Brigitte	LG Rheine-Elte	00:51:48	00:51:40	121	18
5	1097	Seiling, Sigrid	LG Emsdetten	00:53:42	00:53:35	136	25
6	1004	Beike, Martina	LG Emsdetten	00:54:05	00:53:58	138	26
7	1015	Chriske, Birgit	TSG 07 Burg Gretesch	00:55:51	00:55:38	150	30
8	1083	Reef, Katrin	TB Burgsteinfurt	00:59:15	00:59:03	179	51
9	1167	Attermeier, Brigitte	Marathon Ibbenbüren	01:00:51	01:00:40	182	52
10	1190	Elfring, Beate	Marathon Ibbenbüren	01:00:52	01:00:41	183	53
W 50							
1	1213	Lanwer, Rita	LSF Münster	00:42:32	00:42:30	54	6
2	1180	Löchte, Christel	LSF Münster	00:53:35	00:53:30	135	24
3	1069	Lutterbeck, Gudrun	TV Hohne	00:54:45	00:54:38	148	28
4	1010	Brix, Petra	TV Hohne	00:56:58	00:56:50	154	33
5	1020	Eling-Völlmecke, Edith	Marathon Steinfurt	00:58:40	00:58:25	174	49
6	1036	Haarkötter, Monika	SC Spelle-Venhaus	01:03:16	01:03:07	185	54
W 55							
1	1025	Feyerabend, Maria	LSF Münster	00:43:12	00:43:11	56	7
2	1048	Kamp, Parvin	LSF Münster	00:49:30	00:49:25	103	12
W HK							
1	1011	Brix, Verena	TV Hohne	00:49:42	00:49:35	105	13
W Jgd A							
1	1046	John, Stefanie	LG Ems Warendorf	00:40:04	00:40:01	33	3
2	1173	Schmiemann, Saskia	SV Teuto Riesenbeck	00:43:38	00:43:37	60	8
3	1101	Sumic, Christina	TV Hohne	01:07:13	01:07:03	193	60
W Jgd B							
1	1185	Straeten, Frederike	LG Ratio Münster	00:37:31	00:37:30	11	1
2	1210	Stoecker, Nina	LG Ratio Münster	00:37:54	00:37:53	20	2
3	1058	Lagemann, Doreen	LG Emsdetten	00:40:54	00:40:52	36	4
4	1012	Bröker, Jule	LG Emsdetten	00:52:40	00:52:28	126	19
5	1061	Lanvers, Liska	LG Emsdetten	00:52:54	00:52:43	127	20
6	1072	Möllers, Verena	LG Emsdetten	00:53:19	00:53:08	131	22
7	1019	Dieckmann, Pia	LG Emsdetten	00:53:20	00:53:09	132	23
8	1055	Kloppenborg, Muriel	LG Emsdetten	00:57:24	00:57:09	157	34
9	1124	Wissing, Elena	LG Emsdetten	00:57:24	00:57:08	158	35
10	1092	Schölling, Elena	LG Emsdetten	00:57:34	00:57:18	160	37
11	1090	Schlautmann, Theresa	LG Emsdetten	00:57:35	00:57:23	161	38

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
12	1081	Raßing, Lea	LG Emsdetten	00:57:35	00:57:24	162	39
13	1123	Wissing, Charlotte	LG Emsdetten	00:59:07	00:58:51	177	50